



STUDY MATTERS

July 16, 2026

Wake NCORP Website: <https://wakencorp.phs.wakehealth.edu/>

If you receive a notice from REDCap about your account expiring this is most likely due to an expiring GCP certification.

You can upload new certificates to our [website](#) or you can email them to NCORP@wfusm.edu.

2026 Wake Forest NCORP Research Base 13th Annual Meeting

October 12-14, 2026

Marriott Myrtle Beach Resort & Spa at Grande Dunes

Registration is Now Open!



You must register for the meeting in order to receive the hotel reservation link.

(Once you register, you will be sent a confirmation email including the hotel link)

[Click Here to Register](#)

Last day to reserve a hotel room at the block rate is 9/10/2026

Last day for Meeting registration is 10/7/2026

Upcoming Site Calls & Office Hours

Use the links below to add the meeting invitation to your calendar. You can also join site calls from our [Wake NCORP website](#). Click the call in the "Upcoming Events" section on the Home page or through the Calendar. You must be a registered user to join from the website.

If you are having trouble joining a call or have any other issues please email NCORP@wfusm.edu

****Please note that your calendar may not update automatically if changes are made at a later date.**

WF-2502CD - STOP-VTE - Surgical Thromboprophylaxis Practices in Oncology Patients Within the NCORP Network

July 22, 2026 at 2:30 PM ET

[Click here to add the STOP-VTE Site Call to your calendar](#)

Quarterly Call

August 12, 2026 at 3 PM ET

[Click here to add the Quarterly Call to your calendar](#)

Study Updates

(NEW!) WF-2401 - STEPS-BC - Supportive Tailored Exercise Program for Survivors of Breast Cancer

WF-2401 STEPS-BC Recruitment Material Now Available

Aligned with STEPS-BC (WF-2401) Amendment 2, Protocol Version Date 04/13/2026, Activation Date 05/27/2026.

The following recruitment documents were posted to the CTSU website on 07/09/2026:

Recruitment Brochure – trifold brochure explaining the STEPS-BC study with a space for your site's contact information. Can be given to the participant while in clinic or mailed to the participant. QR code can be scanned to obtain more information about the study on the cancer.gov website.



To find out if you are eligible to participate in the STEPS-BC study, please contact us:




What should I expect if I join the study?

- Online health education education participants who are able to receive the education.
- Some participants may receive a personalized exercise program to fit unique needs and goals.
- Free CMR (MRI of the heart) and exercise function testing.

To learn more at cancer.gov, visit cancer.gov with a smartphone camera



Interested in support for healthy living during treatment?

If you are starting treatment for breast cancer soon, you may be able to join the STEPS-BC Study.

This study is a Phase I/II STEPS-BC Breast Study
NCT04141441 | National Cancer Institute | National Cancer Institute
NCT04141441 | National Cancer Institute | National Cancer Institute

NCT04141441 | 08/18/2020



Why is This Study Being Done?

To find out if online participation in health education classes with or without exercise can help people with breast cancer keep:

- Heart function
- Physical function and
- Quality of life during treatment.

You may be able to join STEPS-BC if you are:

- Starting treatment for breast cancer - Stage I, II, or III.
- Age 18 - 85 years.
- Able to take a study survey.
- Able to walk on water two blocks without a cane.
- Able to hold your breath for 10 seconds.
- Able to read and understand English.
- Have a willing to get a working email address.

You will be compensated for your time while in the study.

What is it like to be in the study?

Participants will:

- Be in the study for 24 weeks.
- Participate in group based online health education classes with or without exercise.

and do the activities below up to 2 times during the study (week 12 and 24 weeks):

- Questionnaire:** We want to know about your experiences.
- Physical Function Test:** On-line walking with arm and/or cane. Physical tests during exercise class.
- CMR (MRI of your heart):** We'll use advanced MRI to get high definition images of the inside of the heart.
- Exercise testing of your heart and lungs:** Physician and other trained staff will supervise this.
- Blood samples:** Collected at week 12 and 24 weeks later.

NCT04141441 | 08/18/2020

Recruitment Flyer – explains the STEPS-BC study with space for your site’s contact information. Can be posted in exam rooms, given to the participant while in clinic or mailed to the participant. QR code can be scanned to obtain more information about the study on the cancer.gov website.

Interested in support for healthy living?

If you are starting treatment for breast cancer soon, you may be able to join the STEPS-BC Study.

Why Is This Study Being Done?

To find out if online participation in health education classes with or without exercise can help people with breast cancer keep:

- Heart function
- Physical function and
- Quality of life during treatment.

Contact us to find out if you are eligible.

To learn more at cancer.gov, scan QR code with a smartphone camera

This study is a Phase I/II NCI/NIH Research Base Study (NPI 2401) supported by public funding from the National Cancer Institute (NCI), part of the National Institutes of Health (NIH). NPI 2401 v.05.18.2020

Patient Portal Message – letter explaining the STEPS-BC study with space for your site's contact information. Can be sent to patients via patient portal/MyChart

Research Recruitment Message for MyChart or other EMR Patient Portal

Subject Line of Message: Research Opportunity: Interested in support for healthy living during treatment?

From Line of Message (Who will the message be sent by?): [INSERT NAME OF LOCAL INSTITUTION]

Message Body:

Cancer can affect your **quality of life, health and physical ability**. Researchers from across the country, including your cancer care team, are recruiting for an important study called **STEPS-BC**. This study aims to find out if online **health education classes, with or without exercise**, can help people with breast cancer keep heart function, physical function and/or quality of life during treatment.

If you are interested in taking part in the STEPS-BC study, please read on to see if you qualify!

Who can Participate?

You may be eligible if you:

- were recently diagnosed with breast cancer in Stage I, II, or III.
- aged 18-85 years.
- able to ride a stationary bike.
- able to walk at least two blocks without issue.
- able to hold your breath for 10 seconds.
- able to read and understand English.
- have or willing to get a working email address.

You must be planning to start your chemotherapy treatment.

What's involved?

- Be in the study for about **24 weeks**.
- Participate in **group-based online health education classes** with or without personalized exercise training.
- Complete **questionnaires** (3 times)
- Complete **physical tests** (3 times)
- Have **blood collected** (3 times)
- Have an **MRI of your heart** (3 times)
- Have an **exercise test of your lungs** (2 times)

Compensation:

You can receive **\$50 for each set of completed activities, up to a total of \$150**.

If you are interested in participating, please contact [INSERT CONTACT INFORMATION HERE]

Thank you for your time.

[INSERT LOCAL STUDY CONTACT and/or STUDY NAME]

NPI-2401: STEPS-BC Patient Portal Message v.05.18.2020

Page 1 of 1

Study Summary – A summary of the STEPS-BC study with a space for your site's contact information. Designed to be used as a pdf available for download.

Study Summary (WF-2401)

The STEPS-BC study wants to find out if online participation in health education classes, with or without exercise, can help people with breast cancer keep heart function, physical function and/or quality of life during treatment.



Why should I participate?

- As a side effect of treatment, many patients with breast cancer experience decreased heart health which can lead to shortness of breath, increased tiredness and inability to exercise or work.
- The STEPS-BC Study will test the addition of exercise during chemotherapy treatment to see if patients with breast cancer have a better quality of life at the end of their therapy.
- The STEPS-BC Study will provide online health education classes with or without exercise in personal and group formats to assist you.

You will be compensated for your time when you participate in the STEPS-BC Study: \$50 at three separate times, for a total of \$150.

What's Involved?

You will be in the study for 24 weeks and participate in group-based online health education classes with or without personalized exercise training.

At up to three times during the study, you will also complete:

- Questionnaires
- Physical Function Tests
- Blood draws
- MRI of your heart
- Exercise test of the lungs



Taking part in this study is your choice and you may change your mind at any time.

WF-2401 Patient Study Summary v.06.16.2026 Page 1 of 2

Study Summary (WF-2401)

Who will take part in this study?

Adults aged 18 – 85 years who are:

- Planning to start treatment for breast cancer - Stage I, II, or III.
- Able to ride a stationary bike.
- Able to walk at least two blocks without issue.
- Able to hold your breath for 10 seconds.
- Able to read and understand English
- Have or willing to get a working email address.



What is the cost of taking part in this study?

All costs related directly to the study will be paid for by the study. The costs of your regular medical care are unrelated and fall under your existing coverage. The study does not cover your personal internet / cellular data usage charges.



How can I learn more?

- Visit the cancer.gov [STEPS-BC Study](#) website or scan the QR Code to the right with your smartphone camera.
- Call the NCI Cancer Information Service at 1-800-4-CANCER (1-800-422-6237)
- For general cancer information, visit the NCI website at www.cancer.gov



Please contact us:
Insert Local Contact Information Here

Wake Forest NCORP Research Base Study, supported by the National Cancer Institute (NCI), part of the National Institutes of Health (NIH)
WF-2401 Patient Study Summary v.06.16.2026 Page 2 of 2

WF-2401 Resources:

- The protocol documents are available on the [CTSU](#) website.
- The *Helpful Guide* and other resources are available on the [WAKENCORP](#) website.
- WAKE: WF-2401 STEPS-BC Introductory Webinar** is available on CTSU CLASS.
- WAKE: WF-2401 STEPS-BC Physical Assessment Training** is available on CTSU CLASS.

Only sites rostered with the Wake Forest NCORP Research Base are invited to participate.

If there are any questions regarding the WF-2401 activation, or if your site(s) are interested in participating, please contact NCORP@wfusm.edu; Attn: WF-2401.

(NEW!) WF-1901 - IMPACTS - Internet-delivered Management of Pain Among Cancer Treatment Survivors

FINAL PUSH!

We are now **only 3 participants away** from meeting our enrollment target. Please remember that **study enrollment will close on July 31, 2026**, so we are in the final stretch and every enrollment counts.

We encourage all sites to review potentially eligible patients, prioritize screening, and help us reach our goal.

As a reminder, each enrollment since January 2026 earns a raffle ticket toward the travel award for our WF NCORP RB Annual Meeting.

We sincerely appreciate your ongoing dedication and partnership in making IMPACTS a success, again, let's keep the momentum going and finish strong together!

Connect with us on Social Media!

Follow us on **LinkedIn** and **X** to stay informed on exciting new updates from the Wake Forest NCORP Research Base!



Wake Forest NCORP Research Base Website

Reminder: Additional resources, **which are not CIRB approved**, are maintained on our Wake Forest NCORP RB website and **are not available on CTSU**. Note, these resources include a **Helpful Guide** for each study, which provides guidelines for the study team, as well as other study instructions.

<https://wakencorp.phs.wakehealth.edu/>

Registering for an account will allow you to:

- Join site calls and other meetings from the Upcoming Events or Calendar sections
- Access study training materials
- View previous study meetings
- Download important study documents including training videos, study guides, and neurocognitive CRFs

Once registered, you must update your user profile to sign up for study-specific mailing lists and meeting announcements, indicate your NCORP Community site, add your user roles, and update your GCP for database access.

If you have any questions or need assistance with registration, please email NCORP@wfusm.edu.

Accruals as of July 15, 2026

Open Studies	Name	Enrolled (Patients)	Change in Past 2 Weeks	Target (Patients)	Enrolled (non-patients)	Target (non-patients)
WF-1806	M&M	266	+1	300		
WF-1901	IMPACTS	248	+2	250	12	40
WF-2201	HYPOGRYPHE**	58	--	244		
WF2304-A172401	COSMIC	1522	+65	2000		
WF-2501CD	PGA	11	+2	117	35	99
		Practices Enrolled	Change in past 2 weeks	Target (practices)	Enrolled (non-patients)	Target (non-patients)
WF-2303CD	HRSN	19	--	20	87	136
WF-2502CD	STOP-VTE	38	--	25+	184	100+
WF-2403	COACH-APP	42	--		46	97

**Closed to enrollment