



Processes for Identifying Caregivers and Screening for Caregiver and Patient Distress in Community Oncology: Results from WF-1803CD

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Caregivers play an important role in helping adult cancer patients. Both patients and caregivers can feel stressed and need support. Resources (counseling, support groups, etc.) are available, however; cancer clinics often do not help caregivers. The Caregivers study looked at how cancer centers across the country find and help caregivers.

The study found that about 2 out of 3 (65%) of the clinics find out who the caregivers are, yet fewer than 1 in 5 (16%) asked caregivers if they needed help with their stress. The study found that caregivers need support for their stress and suggests that clinics should always ask caregivers about stress just like they do with cancer patients. Once clinics know what caregivers need, they can offer the right help.

