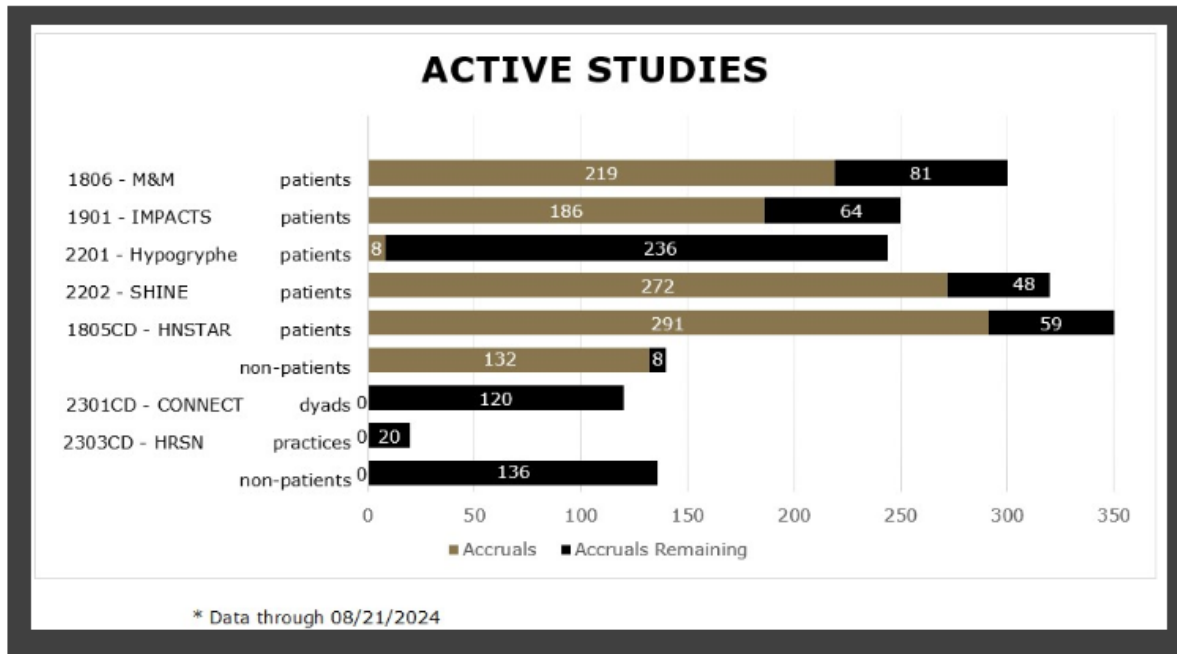


COMMUNITY CONNECTION

Quarterly Newsletter
August 2024



Study Highlight: Myopenia and Mechanisms of Chemotherapy Toxicity in Older Adults with Colorectal Cancer: The M&M Study



The M&M Study is an observational study to examine the association between low muscle mass (myopenia) at diagnosis with cumulative grades 3-5 toxicity in older adults ($\geq 60y$) with **newly diagnosed metastatic CRC** or **newly recognized metastatic recurrence**, undergoing 5-fluorouracil (5-FU) based systemic chemotherapy and/or immunotherapy.

Study Population:

- **Stage IV Colorectal Cancer**
- **Age $\geq 60y$** (stratified 60-74y & $\geq 75y$)
- **To receive or recently started 5FU-based chemotherapy and/or immunotherapy.**

Thanks to every affiliate who continues to screen and enroll to the M&M study.

Enrollment: 219

Target: 300

- 60-74yo = 154 (26 slots left)
- $\geq 75yo$ = 65 (55 slots left)



Please let us know if there is anything the study team can assist with. We have hard copies of brochures and provider fact sheets available by request. Email us at ncorp@wakehealth.edu.

Top Accruing CC Affiliates*

| Rank | Affiliates | Accruals |
|------|---|----------|
| 1 | AR012 - Mercy Hospital Fort Smith (OZARKS) | 43 |
| 2 | IL168 - Carle Cancer Center (CARLE) | 29 |
| 3 | OK010 - Mercy Hospital Oklahoma City (OZARKS) | 16 |
| 4 | MO034 - Mercy Hospital Joplin (OZARKS) | 10 |
| 5 | NJ141 - CentraState Medical Center (ATLANTIC) | 9 |
| | MI349 - Trinity Health IHA Medical Group Ann Arbor (MCRC) | |

* Data from 04/01/2024 - 07/31/2024

Top Accruing CC DR Affiliates*

| Rank | Affiliates | Accruals |
|------|--|----------|
| 1 | HI005 - Queen's Medical Center (HAWAII MU) | 8 |
| 2 | IL042 - Stroger Jr. Hospital of Cook County (Stroger MU) | 4 |
| 3 | WI028 - Aspirus Regional Cancer Center (CROWN) | 3 |
| | MN014 - Park Nicollet Clinic - Saint Louis Park (MMCORC) | |
| | MN001 - Regions Hospital (MMCORC) | |

* Data from 04/01/2024 - 07/31/2024

Site Highlight: Baptist Memorial Health Care/Mid-South Minority Underserved NCORP



PI: Raymond Osarogiagbon, MD

NCORP Administrator: Sierra Harris, MPH

Baptist Memorial Health Care/Mid-South Minority Underserved NCORP is an integrated cancer program that supports community research engagement thru out the Tri-State area. Our oncology research is done thru Baptist Clinical Research Institute. We are committed to providing Mid-South physicians, cancer patients and their families with the assurance and confidence that excellent, compassionate, advanced cancer care is nearby. The Tri-State area includes Mississippi, Tennessee, and Arkansas.

Increasing our public awareness in reference to community research involves social media platforms, commercials, and outreach efforts within and outside of our Baptist organization. The goal is to meet people where they are – we will be bringing and expanding our services to those within those rural areas.

We welcome our new NCORP Administrator, **Sierra Harris, MPH**, with 8 years of public health experience and an adjunct professor at University of Memphis – School of Public Health.

She has an extensive background in HIV/AIDS and STI prevention and treatment and progressive knowledge in clinical research and community involvement.



Research-related facts about Baptist NCORP:

- Our NCORP enrollment met **93%** of our goal this year with 234 NCORP enrollments.
- We received an Excellence Award from NCORP for our biospecimen management.
- Our Mississippi outreach strategy of building teams and clinical trials infrastructure throughout our Mississippi located healthcare system is proving to be very successful in opening access to rural and under-served racial and socio-economically disadvantaged populations.
- Our merger in 2023 with Anderson Regional Health System in Meridian, MS will expand our NCORP's access to a large population in rural Central and Eastern Mississippi and Northern and Western Alabama.
- We are working on plans to expand and market our NCORP across our service area population and the network of providers within and outside BMHCC.
- We have 11 CTEPs and 25 Cancer Centers
- We have a large and centered-focus on thoracic research with highest enrollment in EA5182
- [*Mid-South Miracle*](#) is a seven-pronged approach to reducing lung cancer deaths by 25% by 2030

Do you have site or staff that should be recognized? Please submit recommendations to NCORP@wakehealth.edu with "Quarterly Newsletter Site/Staff Highlight" in the subject line.

Top Accruing Investigators by Study

(from 04/01/2024 - 07/31/2024)

WF-1805CD

1. **Heather Sloan, APRN-RX (8) - HI005, Hawaii MU**
2. **Sydney Spring, PA-C (4) - IL042, Stroger MU**

WF-1806

1. **Kumar Batra, MD (2) - IL042, Stroger MU**
1. **Kunal Kadakia, MD (2) - NC042**
1. **Christopher Thomas, MD (2) - SC053, Prisma Health**

WF-1901

1. **Anjali Varma Desai, MD (6) - NJ028, Atlantic**
2. **Alexander Itskovich, MD (4) - NJ141, Atlantic**

WF-2201

1. **Christina Cramer, MD (2) - NC002**
1. **Michael Chan, MD (2) - NC002**
2. **Justin Tang, MD (1) - NY045, Montefiore MU**

WF-2202

1. **Aswanth Reddy, MD (17) - AR012 - Ozarks**
2. **Kendrith Rowland, MD (15) - IL168, IL405 - Carle**

Top CC Accruing Investigators

(from 04/01/2024 - 07/31/2024)



Aswanth Reddy, MD
AR012, Ozark (17)



Kendrith Rowland, MD
IL168, IL405, Carle (17)

Top CDR Accruing Investigators

(from 04/01/2024 - 07/31/2024)



Heather Sloan, APRN-RX
HI005, Hawaii MU (8)



Sydney Spring, PA-C
IL042, Stroger MU (4)

Meet Wake Forest NCORP Research Base Staff: Julie Turner



Julie has been with the Wake Forest NCORP Research Base for 7 years and has participated in oncology research for more than 25 years. She works as the Program Manager for the Protocol Development and Quality Assurance programs. One of her main tasks is to assist study teams in developing their grant into an NCORP protocol and ensuring all regulatory and NCORP requirements are met. Fun Fact: This process from grant award to activated NCORP protocol can take on average 8-10 months.

Outside of work, Julie enjoys training her dogs to be certified therapy dogs with the national organization Love on a Leash. Zoey is certified and Bella is finishing training. Zoey goes to the SECU Family House, which is affordable lodging for referred patients and family members weekly. She also goes to assisted living facilities, schools, and various other places locally to bring smiles to everyone she meets. Bella is looking forward to joining her “sister” this Fall.

New Publications & Presentations

Manuscripts:

- UPBEAT (WF-97415): Avis NE, Levine BJ, Klepin HD, et al. The impact of non- and anthracycline-based chemotherapy on fatigue in breast cancer survivors: results from WF-97415. *Supportive Care in Cancer*. 2024; 32(528). <https://doi.org/10.1007/s00520-024-08717-7>
- Landscape: Cathcart-Rake EJ, Jatoi A, Dressler EV, et al. Sexual orientation and gender identity data collection in cancer care: A nationwide landscape assessment update. *JCO Oncology Practice*. 2024; online ahead of print. <https://doi-org.wake.idm.oclc.org/10.1200/JOP.23.00724>
- ACUPUNCTURE (WF-97115): Cohen L, Danhauer SC, Garcia MK, et al. Acupuncture for chronic radiation-induced xerostomia in head and neck cancer: A multicenter randomized clinical trial. *JAMA Network Open*. 2024; 7(5):e2410421. doi:10.1001/jamanetworkopen.2024.10421

Abstracts:

- ASCO Quality Care Symposium
 - HN-STAR (WF-1805CD): Salz T, Dressler E, Kittel C, et al. Financial needs and opioid use among head and neck cancer (HNC) survivors: baseline findings from the HN-STAR trial. ASCO Quality Care Symposium. 2024, Sept 27-28
 - AH-HA (WF-1804CD): Foraker RE, Dressler EV, Smith S, et al. Provider Discussions about Cardiovascular Health Factors by Cancer Type, Provider Type, and Patient Age (results from WF-1804CD). ASCO Quality Care Symposium. 2024, Sept 27-28
- International Society of Geriatric Oncology
 - UPBEAT (WF-97415): Bluethmann SM, Levine B, Leitzelar B, et al. How do receipt of chemotherapy and age affect physical performance in breast cancer patients in the 24 months after diagnosis? Updated Results from the UPBEAT Trial (UPBEAT WF-97415). International Society of Geriatric Oncology Conference. 2024, October 17-19

Health Equity Core Updates

We would like to highlight our keynote speaker for the Wake Forest NCORP Research Base Annual Meeting this year, Dr. Karriem Watson. He will be speaking on Day One of the Annual Meeting.

Karriem S. Watson, DHSc, MS, MPH (he/him)
Chief Engagement Officer
NIH *All of Us* Research Program



Karriem S. Watson, DHSc, MS, MPH is the Chief Engagement Officer for the National Institutes of Health's *All of Us* Research Program. He leads the *All of Us* Research Program's efforts to foster relationships with participants, communities, researchers and providers across the United States and territories through equitable engagement to help build one of the largest and most diverse health datasets of its kind to advance precision medicine research.

Prior to joining the NIH, Dr. Watson spent over 15 years conducting cancer disparities research. He completed his post-doctoral training in cancer center leadership under Dr. Robert A. Winn at the University of Illinois at Chicago Cancer Center and went on to become an independent funded researcher with funding from the NCI, NIMHD and NHLBI. Dr. Watson's work spans across community engaged research, CBPR, and implementation and dissemination science including engaging community members as Citizen Scientists to improve diversity, equity, and inclusion in clinical trials. In addition to his research, Dr. Watson also served as a health care administrator overseeing community-based research and serving as the Associate Executive Director for a network of Federally Qualified Health Centers (FQHCs). Dr. Watson has been recognized by many organizations for his commitment to training and education including being awarded an Innovator in STEM award by the Chicago Urban League.

The Wake Forest NCORP Research Base Health Equity Core focuses on recruitment & retention of minority/underserved populations. This group meets quarterly to share best practices, influence study design, discuss community engagement strategies and share resources and tools. If you are interested in joining this group, please contact us at NCORP@wakehealth.edu

WF NCORP RB Quarterly Calls

The next Quarterly call will be scheduled at a later date.
To view the recording from the last quarterly call (July 31, 2024) please click
here: <https://vimeo.com/993083788>

Wake Forest NCORP Research Base Annual Meeting

We hope to see you **October 21-23, 2024** at the Marriott Grande Dunes Resort in Myrtle Beach, SC!

Registration Link: <https://redcap.link/WakeNCORPRB.2024.MeetingRegistration>



Travel Awards

We will be presenting travel awards to sites with the most enrollment to WF-1805CD HN-STAR, WF-1806 M&M, WF-1901 IMPACTS, WF-2201 HYPOGRYPHE, and WF-2202 SHINE **between February 1 and July 31, 2024.**

- Awards will be given to 2 sites for each study.
- Travel awards assist with travel to our 2024 Wake Forest NCORP RB Annual Meeting in Myrtle Beach, SC, October 21-23.
- **Awards are worth up to \$1,000 each** to cover travel and hotel expenses at The Grande Dunes Marriott Resort.

Congratulations to our Winners!

WF-1805CD HN-STAR

- CROWN
- STROGER MU

WF-1806 M&M

- STROGER MU
- MCRC

WF-1901 IMPACTS

- ATLANTIC
- HAWAII MU

WF-2201 HYPOGRYPHE

- MONTEFIORE MU

WF-2202 SHINE

- OZARKS
- CARLE

Recipe: Air Fryer Shrimp Fried Rice



Ingredients:

- 1 tablespoon canola oil
- 1/3 cup chopped onion
- 1/3 cup chopped carrot
- 1 teaspoon kosher salt, divided
- 2 large eggs, lightly beaten
- 1 pound large, peeled, deveined raw shrimp
- 2 (8-ounce) packages pre-cooked microwavable brown rice
- 3/4 cup frozen green peas
- 1 tablespoon soy sauce
- 1 teaspoon rice vinegar
- 1/4 teaspoon freshly ground black pepper
- 1 tablespoon toasted sesame seeds, or as needed (optional)
- 1/4 cup Sriracha mayonnaise, or as needed
- 1 scallion, sliced, or as needed

Directions:

1. Remove the basket insert from air fryer. Preheat the air fryer to 400 degrees F (200 degrees C) for 5 minutes.
2. Add oil to the basket holder to coat; add onion, carrot, and 1/2 teaspoon of the salt, and stir to combine. Cook for 5 minutes. Add eggs; cook until partially set, about 3 minutes.
3. Add shrimp, rice, peas, soy sauce, vinegar, pepper, and remaining salt to egg mixture; stir to combine. Cook for 10 minutes. Stir mixture, sprinkle with sesame seeds, if desired, and cook until heated throughout and crisp, 10 to 15 minutes more. Drizzle with Sriracha mayonnaise, and sprinkle with scallions.

*Recipe from [Allrecipes.com](https://www.allrecipes.com)

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