

Study Summary (WF-2202)



The **SHINE Study** is designed to learn how an internet-based program might help breast cancer survivors with sexual concerns.

Why should I be in this study?

- Many breast cancer survivors have sexual concerns after treatment. These can include pain during sex, less desire for sex, and trouble with orgasm. The **SHINE Study** is testing an online program to help with these concerns.
- The **SHINE Study** offers a chance to address sexual concerns and more from the privacy of your own home.
- **You can make a difference** for women who have survived breast cancer and are having the same concerns in the future.

You may earn up to \$125 in gift cards if you participate in the **SHINE Study**.

What will I have to do?

- You will be randomly assigned **SHINE Cores** (internet-based lessons) to complete on your computer, tablet, or smartphone. You may be asked to complete up to 4 of these lessons over a 12-week period.
- You will also be asked to complete **confidential online surveys** about your health at 3 times:
 - **Before you start** SHINE.
 - **12 weeks after** you start.
 - **24 weeks after** you start.
- Your responses to the surveys will not be shared with your doctor or care team.

If you do not have access to a computer, tablet, or smartphone you may **borrow a tablet** from the SHINE Study team.

Taking part in this study is your choice and you may change your mind at any time.

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Who will take part in this study?



Adult women **aged 18 and older** who have:

- A history of breast cancer that has not spread to other parts of the body.
- Finished with last surgery, chemotherapy, or radiation treatment at least **12 weeks** before starting the study.
- **Sexual concerns** like pain with sex, less desire for sex, or trouble with orgasm.

What is the cost of taking part in this study?

All costs related directly to the study will be paid for by the study. The costs of your regular medical care are unrelated and fall under your existing coverage. The study does not cover your personal internet / cellular data usage charges.



How can I learn more?

- Visit <https://www.shinestudy.org> or scan the QR Code to the right with your smartphone camera.
- Call the NCI Cancer Information Service at 1-800-4-CANCER (1-800-422-6237)
- For general cancer information, visit the NCI website at www.cancer.gov

